

Unit 16 What do you want to eat?

★Activities to learn the names of ingredients of dishes and measurements.

Unit Aims

Elementary school children start home economics classes from the 5th grade. Among the topics studied in home economics, cooking is probably the activity both boys and girls look forward to the most. In this unit, a favorite menu among children has been chosen, and the children think and talk about what kind of ingredients are used and how much of these ingredients are necessary for cooking. If it is possible for children to actually do the cooking by following the teacher's instructions, it will become a very interesting English activity for children.

Vocabulary

noodles cabbage lettuce green pepper carrot meat onion
cheese tomato bacon potato *tofu* egg cucumber

Classroom English

What are they?

What's in this *yakisoba*?

What do you want on your pizza?

What do you need?

Step of Activities

(1) Learning the English names of ingredients used for various dishes.

P.71

(2) Choosing the ingredients used in each of the dishes seen on the pages.

P.72-P.73

(3) Choosing three of their favorite toppings if they were to make a pizza.

P.73

(4) Discussing in groups which ingredients they would use if they were to make curry and talking about how much is necessary and completing an ingredient chart. P.74

Reference

There are cases where special expressions are used when counting certain fruits and vegetables. The word “head” is used when counting cabbage and lettuce (e.g., one head of lettuce, two heads of lettuce). The word “ear” is used for counting corn. When counting bunches of bananas they are counted as “one bunch of bananas” or “one hand of bananas.”

Other Possible Activities

Below are the instructions for cooking curry.

Peel the potatoes.

Chop up the potatoes and carrots.

Slice the onions.

Put some oil in the stew pan.

Fry the meat and onion slices.

Add the chopped potatoes and carrots.

Add some water.

Cook it for 15 minutes.

Add the curry paste.

Cook it for 5 or 10 minutes.

It's ready!